

THE SIGNIFICANCE OF MORAL LIFE AND VALUES IN YOGA PHILOSOPHY

SHANTIPRIYA DEVI

Department of Sanskrit, KISS University, Bhubaneswar, India

ABSTRACT

The Indian philosophy is very rich in teaching moral values in day to day life. The practice of *yoga* draws the attention of human beings in the present society, which reflects the very idea of how it can be acceptable to everybody. There are no moral values in our daily life and *yoga* can find useful to lead the individual and our society through its teachings. This paper discusses all the above points briefly.

KEYWORDS: Patañjali, *Yoga*, *Aṣṭāṅgayoga*, *Yama*, Values, Morality, Education & Practitioner